



**Dr. Mrinalini Purandare**

**Associate Professor,**

Department of Psychology

SNDT Women's University, Mumbai

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**Subjects of teaching:**

Measurement and Statistics

Research methodology

**Areas of Research Interest:**

Cognition, Research Methodology and Adolescent mental health

**Recognised Guide for PhD/MPhil at:**

SNDT Women's University

**Educational Qualifications:**

- Ph.D.: 2006, S.N.D.T.Women's University, Mumbai.  
Title of Dissertation: "Learned Helplessness and depression: A Study of Cognitive Correlates and Efficacy of Intervention."
- M.Phil:1994, S.N.D.T.Women's University, Mumbai.  
Title of Dissertation: "Learned Helplessness as a Function of Attribution and Crowing".
- M.A.: 1977, Rajasthan University, Jaipur.
- B.A.: 1975, Udaipur University, Udaipur

**Academic Honours:**

- Awarded UGC Teacher Fellowship under Faculty Improvement Program.
- Awarded Smt. Shardaben Diwan Prize for highest marks in Social sciences at M.Phil.
- Awarded Gold Medal for First Position in B.A.

### **Teaching Experience:**

- Recognized Ph.D. guide.
- Presently Working As Associate Professor at the Post Graduate Dept. of Guidance and Counselling, Post Graduate Studies and Research S.N.D.T. Women's University, Mumbai. (Jan.2010)
- Worked As Associate Professor at the Post Graduate Dept. of Psychology, Post Graduate Studies and research S.N.D.T. Women's University, Mumbai. (till Jan.2010)

### **Selected Research Work /Publications/Paper Presentation/Articles**

- Tatke,N., Purandare,M.,(2010) Emotional intelligence and explanatory style as a function of participation in Mallakhamb". Scientific Report Series Physical Education and sport, Nr 14(1/2010), Ministry of education Research Innovation, University of Pitesti, Romania.
- Purandare, M., (2010) Adolescent helplessness: Depression, explanatory Style and life events as correlates of helplessness. Journal of Indian Academy of applied psychology, Vol.36, 225-229.
- Purandare,M. (2009) Depression, explanatory style and self perception as a function of sex and education among adolescent. Bombay Psychologist, Vol.24, 1-6.
- Paper presented at the 6<sup>th</sup> European Conference of Positive Psychology, Moscow, in June 2012, on Resilience among individuals from vulnerable groups.
- Attended and presented paper in the first EMDR Asia conference held in Bali, Indonesia, 9-11 July, 2010.
- Purandare, M.D. (2006) "Explanatory Style and Self-Perception among Adolescents" Bombay Psychologist. Vol.21.31-37.
- Presented symposium on "Adolescent Depression" at Bombay Psychological Association Annual

### **TRAINING/COUNSELING PROGRAMS CO-ORDINATED:**

- Coordinated EMDR training program in August, 2012, by Dr. Garry Quinn, trainer from Israel.

- Resource person for Refreshers course in social sciences, Jan 4,2011
- Co-ordinated EMDR level I, II and facilitators training in March, 2010.

**PROFESSIONAL AFFILIATIONS/MEMBERSHIPS:**

- Chairperson Ad-hoc board of studies for Dept. of Psychology
- Member of various committees of the University.
- Hon. President elect Bombay Psychological Association.